## NATIONAL VOLUNTEER MONTH

**APRIL ACTION KIT** 



April is National Volunteer month. This month take time to learn about the needs and opportunities to serve that organizations and programs have. Find out how serving vulnerable populations through community service, donations, and spreading the word on social media can make an impact. April is also national Child Abuse Awareness month and Sexual Assault Awareness month. As you consider ways to highlight volunteer opportunities, you can include programs and shelters that serve these populations. Explore how you can help bring awareness to your school, peers, and community. Choose at least one (or more!) task from each section. Let's learn, take action, and mobilize others this month - together!



- Understand how volunteers are <u>supporting survivors</u> of human trafficking through volunteers opportunities.
- Find out how volunteers are supporting <u>food banks</u> to ensure food security to children and families in need.
- Connect with, learn the needs of, and explore opportunities to serve with aftercare programs, shelters, and organizations serving survivors of <u>human trafficking</u> and vulnerable populations. Explore resources specific to Arizona and other areas.
- Your idea

## TAKE ACTION

- Talk with other students or organizations at your school to partner on a donation drive. Example ideas include:
  - Create a canned food drive for local food banks.
  - Collect blankets for the local homeless shelter.
  - Contact a local aftercare program or shelter to learn what survivors need.
  - o Collect journals and donate to a local aftercare program or shelter.
- Review social media accounts of organizations in your area to learn about their needs and opportunities to serve.
- Your idea \_\_\_\_\_\_

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## MOBILIZE \_

- Share about the impact volunteers can make.
- Create posts with ways for people to volunteer in their local community based on what you have learned from organizations and websites.
- Create inspiration with posts on quotes about volunteering:
  - "Life's most persistent and urgent question is, What are you doing for others?" —
    Martin Luther King, Jr.
  - "The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves." — Helen Keller
  - "We make a living by what we get, but we make a life by what we give." Winston Churchill

| • ` | Your idea_ |  |  |  |  |
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What was your impact?